



Shema שמע

The Newsletter of Kol HaEmek (Voice of the Valley)
P.O.Box 416, Redwood Valley, CA 95470 Phone # 707-468-4536

Please note: all submissions sent by the 20th of each month to Carol Rosenberg (carolrosenberg@pacific.net)

COMING EVENTS

Saturday, August 3, 6:30 pm, Interfaith Forgiveness Gathering as part of August 4 World Forgiveness Day - co-sponsored by KHE and meeting at Ukiah United Methodist Church, 270 N. Pine St, Ukiah (for more info see page 2)

Saturday, August 17, 7:30 pm, Play reading at our Shul of "Stories from the Fringe: Women Rabbis Revealed" directed by Linda Posner and acted by members of our Jewish community. A discussion will follow the performance. Suggested donation \$10-\$18

Sunday August 18, Feeding the Hungry, call Dan Hibshman to volunteer or for more information 462-7471

Friday, August 23, at 6:30 pm, Kabbalat Shabbat and potluck with **Shoshanah** and **Guest Rabbi Sara Paasche-Orlow** visiting from the Boston area and niece of KHE member **Vergilia Dakin** (see page 2 for more information)

Saturday, August 31, Selichot, the beginning of our High Holiday cycle co-led by **Shoshanah** and **Jo-Ann Rosen**. An experiential evening to prepare for the New Year.

Saturday, September 28, 2013, at 10:30 a.m. Bat Mitzvah of Ariella Heise at the Mendocino Coast Jewish Community (see page 3)

STORIES FROM THE FRINGE: Women Rabbis Revealed

a play reading based on the true stories of 18 women rabbis--
provocative, heartfelt, and humorous
finding holy moments in love, God, and a fabulous pair of shoes
written by Rabbi Lynne Appel and Ronda Spinak

Director
Linda Posner

Actors
Judy Corwin
Susan Sher
Deborah Edelman
Paul Lambert

Stage Manager
Helen Sizemore

There will be a post-play question and discussion session.



7:30 SATURDAY, AUGUST 17

One evening only: at Congregation Kol HaEmek, 8591 West Road
(Just south of Eagle Peak Middle School on West Road in Redwood Valley)

Suggested Donation
\$10-18

*Rosh HaShanah Eve is Wednesday,
September 4*

La Shanah Tovah V'Tikatevu

see page 5 for High Holiday schedule

Portion of the Week and Holidays

August 3 - Reeh

August 17 - Ki Tetze

August 24 - ki Tavo

August 31 - Nitzavim Veylech

September 4 - Erev Rosh HaShanah

September 5 - Rosh HaShanah

September 7 - Haazinu Shuvah

September 13 - Erev Yom Kippur

September 14 - Yom Kippur

September 18 - Erev Sukkot

September 19 - Sukkot

September 21 - Hal Hamoed

September 26 - Shemimi Azeret

September 27 - Simchat Torah

September 28 - Bershit

Information on visiting Rabbi Sara Paasche-Orlow from Massachusetts

Sara Paasche-Orlow is the Director of the Spiritual Care Department at Hebrew SeniorLife (HSL). At HSL she established the HSL Chaplaincy Institute, the nation's only Jewish geriatric clinical pastoral education program accredited by the Association of Clinical Pastoral Education. Rabbi Paasche-Orlow was ordained at the Jewish Theological Seminary. Prior to her work at HSL, she co-founded an American/Israel educational program called the Bavli-Yerushalmi Project, and also a non-profit to promote service learning opportunities for Jewish youth and college students. She is now involved in launching a Jewish hospice service to serve the Greater Boston Jewish community. She has authored articles and curricula on Aging and Jewish pastoral care.

Attention Shofar Blowers!

Please call Bruce Andich at 459-4855 if you would like to participate in shofar blowing at High Holiday services.

We send blessings for Refuah Shleimah/Perfect and Complete Healing to Andy Coren, who has recently undergone neurosurgery to relieve pressure in several cervical discs.

Saturday eve, Aug 3, Interfaith Forgiveness Gathering as part of August 4 World Forgiveness Day, co-sponsored by KHE and meeting at the Ukiah United Methodist Church, 270 N. Pine St., Ukiah Evening includes viewing of film "The Power of Forgiveness," one-on-one discussions, and ritual. The film clearly portrays the difficulties and benefits of offering/asking for forgiveness in various true-life situations. Focusing on the theme of forgiveness is a perfect way for us at KHE to enter into the month of Ellul and our preparation for the High Holidays.

There is a suggested donation of \$10 to cover program costs and to support forgiveness training in schools.

***Time to renew your
Membership Pledge
see application on page 6***

Kol HaEmek (the Voice of the Valley) is funded by your member dues as well as your generous contributions to a number of funds, including

- 1) Building Fund
- 2) Religious School Fund
- 3) Scholarship Fund
- 4) General Fund
- 5) Memorial Board Fund
- 6) Tzedekah Fund
- 7) Rabbi's Discretionary Fund
- 8) The Marion and Sanford Frank Fund for feeding the hungry in Ukiah and Willits
- 9) Mazon -a Jewish Answer to Hunger
- 10) Women of the wall

Question? Call:

David Koppel, 485-8910

send checks to:

Kol HaEmek, P.O. Box 416, Redwood Valley, CA 95470

All good wishes to Mari Rodin with her new job and new home in Monterey County. The City of Ukiah and the KHE community will miss you! Keep in touch.

Mazel Tov to Charlie Seltzer and Lark Letchworth on their recent marriage. After 15 years together, they can legally be married. May they celebrate many more healthy happy years together.

We Remember:

Meda D. Newlin - August 1
Gertrude Sussman - August 1
Emily Schaffner - August 8
Donald R. Pierce - August 9
Elena Castaneda - August 9
Frances Suffel - August 11
Benjamin Fishel-Dunbar - August 14
Norman Feldheim - August 15
Doug Rosoff - August 24
Hannah Igar - August 24
Fay N. Borkan - August 28
Gladys Breit - August 30
Blanche Wolff - August 31
Tina Marans - September
James Meredith - September 9
Henry Levin - September 10
Tal Sizemore - September 11
Ida Mann - September 11
Miriam Markowitz Blatt - September 13
Bernard Cohn - September 13
Belle Spiegle - September 15
Jacob (Jack) Goll - September 17
Sidney Spiegle - September 18
Audry Brooks-Miller - September 18
Abraham Solomon Posner - September 23
Hyman Andich - September 29
Anita Tritel - Av 25
Dinah Godfrey - Elul 7
Philip Kam - Elul 23
Viola Faber - Elul 28
Jerry Horowitz - Elul 29
Rae Stanten - Elul 29
Dorothy Corwin - Tishrei 8

It is with great joy that we announce the birth of our son

Samadhi Bau Jacobson Born July 8, 7 lbs. 15 oz., 20 1/2 inches

Samadhi is Sanskrit--peace of mind, calm Bau is Vietnamese--precious treasure

We are eternally grateful to Tia, our son's birth mother, for choosing us to be his parents.

Love,

Shari Epstein & Tom Jacobson

STORIES FROM THE FRINGE: Women Rabbis Revealed

a play reading based on the true stories of 18 women rabbis--
provocative, heartfelt, and humorous

finding holy moments in love, God, and a fabulous pair of shoes

written by Rabbi Lynne Appel and Ronda Spinak

Director

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Actors

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Deborah Edelman

Paul Lambert

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Kol HaEmek Schedule for the High Holidays 5774 (2013)

Saturday, August 31, Slichot 7:30 pm, The beginning of our High Holiday cycle co-led by Shoshanah and Jo-Ann Rosen. This will be an experiential evening to prepare for the New Year.

Wednesday, September 4, Erev Rosh HaShanah 7-9 pm

Thursday, September 5, Rosh HaShanah morning service 9:00 a.m.

Children's Service at 10-10:45 a.m.

At about noon after the Torah reading and the first round of Shofar blowing, we will break for Kiddush. We will resume at 12:30 p.m. to continue the traditional Rosh HaShanah service and shofar blowing and finish at 2:00 pm.

Tashlich will be at 2:30 at Lake Mendocino, Pomo Day use area B. There will be a potluck picnic followed by a service led by Jan Stephens. Use Highway 20 to reach the northwest part of the lake. Go past the Pomo round house to the second parking lot, near the bathrooms. Walk toward the lake.

Sunday, September 8, Mikveh for men at 12:00 pm, led by Bob Mandel. Mikveh for women at 2:00 pm. Both at Pennyroyal Lake. Meet at the Parducci parking lot to carpool to the lake.

Friday, September 13, Erev Yom Kippur (Kol Nidre) service, 7:00-9:00 pm

Saturday, September 14, Yom Kippur morning service 10:00 a.m. - 2:00 pm

Children's Service, 10:00 a.m.

Afternoon service, 4:00 pm Begins with **Open Torah**, followed by **Yizkor evening service** continuing until 3 stars are visible. Directly followed by a break-fast potluck.

Sunday, September 15, build a Succah at 1:00 pm. We need a construction leader!

Wednesday, September 18, Come at 4:30 to decorate the Succah followed by a first night Sukkot celebration and potluck supper, 5:30 pm.

Friday, September 27, 5:30 pm, Simchat Torah Shabbat celebration followed by a veggie/dairy potluck

Kol HaEmek

Annual Support Information

Please return your membership/High Holiday commitments by September 1,
Mail To: Kol HaEmek, Box 416, Redwood Valley, CA 95470

Name _____ and _____
Address _____
City/State _____ Zip _____
Children _____ Birth Date _____
_____ Birth Date _____
Phone# _____ E-mail _____

Annual Support--first three levels include High Holidays,newsletter and rabbinical support

Membership Levels

Benefactor \$ 1100
 Family \$ 550
 Individual \$ 250
 Shema \$ 50

Extra Fund Support

Landscaping
 Building fund
 Rabbi's fund
 Homeless /Hungry Fund
 Other

Method of payment:

I have included a check for \$ _____
 A credit card authorization for full payment. Charge my card Quarterly, Monthly
Card type Visa or Mastercard
card # _____ Expiration date _____
Signature of card holder _____ 3 digits on back _____

High Holiday Services Only

I will attend High Holiday Services Rosh HaShanah Yom Kippur
Instead of annual support i will pay \$200 per adult and \$60 per child

Please include these names in the Yizkor Memorial List and add them to the Yahrzeit list (include date of death in English or Hebrew)

Donations to Kol HaEmek- Thank You! - May1, 2013-June 30, 2013

*Bruce Andich and Cassandra Andich
Lillian Cohn and Thomas Evans
Judith M. Corwin
Rachel Elkins and Dana Thibeau
Jay Joseph and Jennifer Joseph
David Koppel and Linda Koppel
Adina Merenlender and Kerry Hesse
Nancy Horowitz Moilanen
Linda Posner
Elizabeth Raybee
Jan Stephens and Gary Stephens
Milton and Mildred Rosen Foundation -- in honor of Lillian Piretti, Karen Rosen's mother
Hillel Posner
Sam Goldberg and Pat Tysoe
Carol D. Rosenberg
Darline Bergere and Josh Bergere
Andy Coren and Yvonne Coren
Carol Orton
Sherrie Ebyam
Mark Levin and Kathy Crosbie
Sigrid White
Brad Kammer and Sara Minz-Kammer
Lee Wachs
Vergilia Dakin
Lauren Jabos and Stephen Jabos -- in memory of Lonnie Piretti*

*"On the day you eat from it, your eyes will be opened,
and you will be like God, knowing good from evil."*

-The Serpent

Please join us to celebrate the Bat Mitzvah of

Ariella

on Saturday, September 28th
two thousand and thirteen
at ten thirty o'clock

Mendocino Coast Jewish Community
15071 Caspar Road
Caspar, California

Followed by luncheon celebration
& afternoon dancing

Kerry Heise and Adina Merenlender



Dear KHE Chaverim,

Summer reading and movie watching have been a very pleasurable pursuit for me this season as my healing from surgery has included a lot of necessary resting time. The friend I was staying with first week out of the hospital handed me a book he'd read after picking it up at a garage sale: **The Sunflower** by Simon Wiesenthal, noted Nazi hunter in the decades after WW II. Now I'd heard of this book for years, and had at some level been avoiding reading it. But in gratefulness to this friend who'd been taking such good care of me, and in honor of his recommending it to me, I opened it up and started reading.

The first half of **The Sunflower** is Wiesenthal's personal account of his experiences in a Nazi concentration camp. His own narrative ends with a quandary when he is brought to a Nazi SS officer who is dying. Wiesenthal's description of their meeting is gripping. The young German tells his story and then asks Wiesenthal for forgiveness. The young Jew has sat and listened and even agreed to hold the dying Nazi's hand, but when the soldier asks Wiesenthal for forgiveness, the latter gets up and leaves the room without a word. Wiesenthal then asks how you, the reader, might have responded in this situation. The rest of the book presents the viewpoints of the various commentators invited to write their answers to this question.

If forgiveness is an issue that you struggle with or are simply curious about, you may want to come to the interfaith eve at the Ukiah United Methodist Church on Aug 3rd, which will include viewing of a film portraying difficult situations in various communities in which forgiveness was explored and at times implemented with varying degrees of success. Since forgiveness is a major part of our High Holiday tshuvah process, both the book and interfaith eve can help illuminate your own practice.

Another friend dropped off a copy of Chaim Potok's **Davita's Harp**, which I'd first read many decades ago and loved. This very beautiful and sensitive novel follows the childhood years of Davita, the daughter of intermarried intellectual parents who devote themselves to saving the world from fascism and ruthless capitalism in the years leading up to WW II. Potok is a master at evoking Davita's experience of overwhelming loneliness (her parents are super busy with their work and meetings and writing) and all of the horrors of the world to which her parents expose her at a tender age. Davita draws comfort from Jewish ritual in her Brooklyn surroundings, but her Jewish immigrant mother won't allow her to light Chanukah candles or celebrate Pesach because religion is passé. Potok takes us through many trials experienced by Davita, but the book has a happy ending, including a recognition of the support and beauty that Judaism can offer.

For a new look at Israeli history, pick up **My Father The General** by Miko Peled, who grew up in Israel, now lives in San Diego, and is a martial arts instructor. Peled discovers that his father, an Israeli hero and a strong advocate for Israel's military action in the Six Day War in 1967, then became the Israeli governor of Gaza, which led him to learn Arabic and become a strong advocate for Arab rights. The death of Miko Peled's young niece in a terrorist attack leads him to engage in activities to heal the Israel/Palestinian rift and right wrongs. Follow him as his own understanding evolves and as he befriends and cooperates with Palestinians in the States and the West Bank. The book is a real eye opener for folks who've grown up on a classic Israeli historical narrative, but I do wish his righteous anger at Israeli soldiers serving in the West Bank could include compassion for them as well.

Beaufort is a classic Israeli film that I had never seen before. When it was made, every Israeli was familiar with the story of Beaufort, the mountain top crusader fortress in southern Lebanon which Israel had fought a costly battle to take and then hold. **Beaufort** portrays the final phase of occupation atop the mountain before Israel withdrew to within its borders. While giving us a glimpse of the humor and pathos of soldiers living together in close quarters, this was one of the first Israeli films to depict the underside of being an Israeli soldier on a day-to-day basis and to question some of the costly military protocols and orders.

The second film, **Yossi and Jagger**, tenderly reveals to us the love affair that develops between a unit commander and one of his soldiers, both male, while stationed at an outpost in Lebanon. What is known and what stays hidden from fellow soldiers (including the female soldier who is in love with one of them) and family is an element explored in the film.

This spring I took the train from Tel Aviv to Jerusalem, and was joined on route by a gaggle of young Palestinian girls who were on a class outing. They fed me snacks as we chatted, and told me they were from the Dar El Tifl School in East Jerusalem, which I'd never heard of before. So I was surprised and delighted to discover that the excellent film **Miral** focuses on the true stories of teachers, students, and their families who were a part of this Palestinian school in past decades. Of course, I loved seeing all the Jerusalem scenery, but I loved even more the integrity and compassion with which the film depicts every character, whether Palestinian, Israeli or foreigner, educator or gardener, prostitute or terrorist. I highly recommend this film.

There has been much publicity about the making and opening of the new film **The Attack**. I haven't yet seen the film, but I have read the book on which the film is based. Written by a former Algerian army officer using a female pen name, Yasmina Khadra, this novel explores in a novel way how people's identities mesh with the circumstances in which they find themselves. Here we have a highly successful Bedouin Israeli surgeon dedicated to saving lives, and living, working, and socializing among his Jewish colleagues in Tel Aviv. The plot unfolds as he discovers, much to his disbelief, that his wife was the suicide bomber in the recent attack in which he spent emergency hours caring for the victims. The author depicts with great equanimity and open-mindedness all the turns in comprehension and storyline that follow as our hero tries to make sense of his wife's behavior. That same open-mindedness has not been modeled by the many Arab states which have banned the showing of the film because it was made by a Lebanese director who dared go to Israel (and the West Bank) to shoot the film on location. Recommended, this book may stimulate your thinking and horrify and sadden you at the same time.

For a completely apolitical story that takes place in Tel Aviv, see the Israeli movie **Jellyfish**. At times this touching film touches the surreal as it explores the psychological vagaries of various Tel Avivans playing out their daily ups and downs.

Well, each day finds me able to do something new with my new knee, like a baby discovering it can stand and even take steps. This week I drove to the Shul by myself, the furthest I've ventured behind the wheel so far! I'm so grateful for the operation and healing and support that I have experienced.

May each of us experience healing this year during the High Holidays, and may our intentions and actions continue that process throughout 5774 within us and among those our lives touch. May compassion for ourselves and others grow on our planet during this new year. May we feel blessed and may our lives be a blessing!

And if I have offended you in any way, please contact me so that I can make any amends needed and ask forgiveness.

B'Shalom oovrachah/In Peace and Blessing, L'Shanah Tovah!

Shoshannah



Kol Ha Emek MCJC-Inland
P.O. Box 416,
Redwood Valley, CA 95470

Our purpose is to create an environment in which Jewish culture, religion and spiritual life can flourish, to perpetuate and renew our Jewish connections with ourselves and our homes, within our community and the world.

- To provide space for religious study and prayer.
- To share life cycle events through meaningful Jewish traditions
- and sponsor Jewish education for all ages
- To be inclusive of all partnerships and family configurations
- To include interfaith families and Jews-by-choice
- To network with other Jewish communities
- To educate and share our culture with other Mendocino County residents
- To be a foundation for *Tikkun olam* (healing the world) as a community through socially just actions and and by Mitzvot)
- To offer to our membership in exchange for financial and other contributions and allow all to participate regardless of the ability to pay

Kol HaEmek Information & Resources

Kol HaEmek

(707) 468-4536

Board Members

David Koppel, Treasurer	485-8910 < davekoppel@yahoo.com >
Alan (Acorn) Sunbeam	463-8364 < asunbeam@mac.com >
Judy Corwin	462-4661 < jmcsrcp@gmail.com >
Nancy Merling, Vice President	456-0639 < nancymerling@att.net >
Carol Rosenberg	463-8526 < carolrosenberg@pacific.net >
Sherrie Ebyam	530-414-1104 < ebyam@sbcglobal.net >
Mark Levin	467-9037 < mlevin@pacific.net >
Bob Mandel	696-271 < bobLXVII@hotmail.com >
Sigrid White	272-1859 < sigridwhite@gmail.com >

Brit Mila: Doctors willing to do circumcisions in their office or your home; Robert Gitlin D.O. (465-7406), Sam Goldberg (463-8000; Jeremy Mann (463-8000)

Chevra Kadisha (Jewish Burial): Eva Strauss-Rosen (459-4005) Helen Sizemore (462-1595)

Community support: Willits, Divora Stern (459-9052), Ukiah, Margo Frank (463-1834)

Interfaith Council: Cassie Gibson (468-535; (415)-777-4545, (887)777-5247

Rabbinical Services/Special Ceremonies: Rabbi Shoshanah Devorah (467-0456) sdevorah@gmail.com