



The Newsletter of Kol HaEmek (Voice of the Valley)

P.O. Box 416, Redwood Valley, CA 95470 Phone # 707-468-4536

Please note: all submissions sent by the 20th of each month to Carol Rosenberg (carolrosenberg@pacific.net)

Coming Events

Monday, November 4, 6:30 pm, KHE Board Meeting at Carol Rosenberg's home, 501 Jones St., Ukiah

Friday, November 8, 6:00 pm, Child-Friendly Shabbat Service with Mia Zimman

Saturday, November 9, 10:00 Torah Study with Mia Zimman (due to Mia's health concerns we will keep you informed whether she will be able to be with us.

Friday, November 22 6:30 P.M. Friday evening Service with Rabbi Chaya Gussfield
Saturday, November 23, 10:00 Torah Service with Rabbi Chaya Gusfield **Please note! We need 10 folks to participate for a Torah Service.**

Sunday, November 24, Making a meal at Plowshares - For more info call Cassie Gibson at 468-5351 or Dan Hibshman, 462-7471

Friday, December 2, 6:30 Home Shabbat at Carol Rosenberg's, 501 Jones St., Ukiah

Sunday, December 22, 2:00 KHE Hanukkah Party, Bring your Hanukkah and 2 candles and latkes to share.

Saturday, December 28, 10:00 a.m., Bar Mitzvah of Nathan Joseph
 Barra Winery in Redwood Valley

KHE Hanukkah Party
December 22, 2019 2:00 pm
 at the shul

Food, Fun and Music for folks of all ages
 Break out your best latke recipes or bring whatever food you'd like to share for the holiday supper

Don't forget to bring your musical instruments!

Bring 2 candles along with your Hanukkah. We will light them at dark!

Jennifer and Jay Joseph
 proudly invite
 the Kol HaEmek Congregation
 to the Bar Mitzvah
 of their son
 Nathan Noah
 December 28, 2019 at 10 a.m.
 Barra Winery
 7051 N State St.
 Redwood, Valley

RSVP jayjenjo@pacific.net

Holidays and Torah Readings

November 2 - Noach
November 9 - Lech-Lecha
November 16 - Vayera
November 23 - Chayei Sara
December 7 - Vayetzei
December 14 - Vayishlach
December 21 - Vayeshev
December 24-30 - Hanukkah
December 28 - Miketz

Opportunities for Tzedakah

Kol HaEmek (the Voice of the Valley) is funded by your member dues as well as your generous contributions to a **number** of funds including

- 1) Building Fund
- 2) Religious School Fund
- 3) Scholarship Fund
- 4) General Fund
- 5) Honoring and Remembrance Board
- 6) Tzedekah Fund
- 7) Rabbi's Discretionary Fund
- 8) The Marion and Sanford Frank Fund for feeding the hungry in Ukiah and Willits
- 9) Mazon - A Jewish Answer to Hunger

Call: David Koppel, 485-8910
send checks to:

**Kol HaEmek, P.O. Box 416,
Redwood Valley, CA 95470**

We Remember

130 Members Stern Family - October 1
Bonnie Ann Springer - October 7
Sylvia Glazer - October 8
Rose Wolff - October 13
Stan Showers - October 14, Cheshvan 2
Joseph Barr - October 17
Morris Shuper - October 17
Victor Wolff - October 17
Don Roberts - October 20
Ena Koppel - October 21
Todd Harrison - October 21
Abraham Koppel October 21
Jean Shirley Kisslinger - October 22
Nancy Parker Orton - October 25
Pauline Strauss - October 27, Cheshvan 1
May Meredith - October 28
Frieda Eisman - October 31
Maurice Marans - November
Estelle Koppel - November 5
Lillian Rothchild - November 2, Cheshvan 28
Abraham Cohen - October 29, Cheshvan 12
Norman Feldman - November 14
Doris Rogers - November 16
Solomon Glazer - November 19
Dane Wilkins - November 19
Cynthia Suffel - November 23
Robert Leo Kisslinger - November 27
Herbert Alan Fuente - November 28
Jane Gurko - November 30

For information on Jewish Life in Northern California !

Jewish Film Festival
the Hebrew Loan Society
Check out this website! And read the J on line.

<https://www.jweekly.com/contact-j/>

Important Information!

We are happy to announce that Sara Esserman Melville and Darline Bergere have joined the KHE Board.

Hi Everyone!

I hope you will join us on one or more of the dates below to help restore oaks to lands burned in the Redwood Valley Fire of October, 2017. All ages are welcome!

We will plant acorns and put protective cages around existing oak seedlings from 9:30 a.m. to 3:30 p.m. each day.

During lunch, Kate Marianchild, author of *Secrets of the Oak Woodlands: Plants and Animals among California's Oaks*, will share fascinating lore about oaks and the animals and plants that live among them.

This event is free of charge; RSVP required, and space is limited! **Register now** at www.oakgranary.org. Directions will be sent upon registration. (Moderate to heavy rain cancels).

Please contribute your valuable time and energy to this healing and wholesome work!

Saturday 11/16 9:30 - 3:30

Saturday 11/30 9:30- 3:30

Sunday, 12/15 9:30 - 3:30

Saturday 1/18 9:30 - 3:30

Sunday. 1/19 9:30 - 3:30

Kate Marianchild

Major Changes in Progress on What Used to be Our Lunch Program!!

If you would like to help make and serve a meal at Plowshares on Sunday, November 24, please call Cassie Gibson at 468-5351 or Dan Hibshman, 462-7471

Please include the following in your prayers for healing:

Laurie Spence

Pat Tysoe

Lee Wachs

Mia Zimman



KHE Tree of Life

Hillel Posner is about to make more leaves for placement on the tree at our shul; these remember those we have lost or celebrate those to whom we're grateful. The cost is \$250 for a small leaf, \$500 for a large one.

Please send the text (wording on leaf) to Carol at: carolrosenberg@pacific.net.

Send your payment (donation) to Kol HaEmek, P.O.Box 416, Redwood Valley 95470

**Donations To Kol Ha Emek - August and September 2019
Thank You!**

Bruce Andich & Cassandra Andich

Louisa Aronow

Ace Barash and Satuko Barash

Janet Mendel

Lynne Coen and Charles Holt

Judith M. Corwin

Rachel Elkins and Dana Thibeau

Harvey Frankle and Jackie Pelter Frankle

Steve Frenkel and Nan Bearden Frenkel

Judith Fuente and David Nelson

Cassie Gibson and Chris Gibson

Janet Gurvitch

Dan Hibshman and Leslie Kirkpatrick

Jay Joseph and Jennifer Joseph

David Koppel and Linda Koppel

Adina Merenlender and Kerry Heise

Nancy Bertsch

Carol Park and Steve Park

Vickie Patterson

Elizabeth Raybee

Norm Rosen and Karen Rosen

Susan Sher

Helen J. Sizemore

Laurie Spence and Dale Harrison

Amy Wachspress

Penny Walker

Maralyn Lowenheim

Sally Emerson and Molly Arad

Marisa Sizemore and Alex Schultz

Bhavanam Ducharme and Michael Ducharme

Stuart Marcus and Tara Lesley Marcus

Hannah Idarius and Eric Idarius

Josephine Silva

Steven Pasternak and Liesbeth Pasternak

Jo-Ann Rosen

Carol D. Rosenberg

Leon Springer and Nancy Marotta Springer

Margo Frank and Marc Levine

Reid Edelman and Deborah Edelman

Darline Bergere and Josh Bergere

Steven Levin and Joan Levin

Jean Morawski and Mike Morowski

Robin Sunbeam

Susan Juster and Rachel Juster

Joel Goldberg and Cindi Barr Goldberg

Andy Coren and Yvonne Coren

Sherrie Ebyam

Leslie Batz

Sara Esserman Melville and Anthony Esserman Melville

Mark Levin and Cathy Crosby

Richard S. Philips and Zoe Philips

Vergilia Dakin

Barbara Stanger and Leo Stanger

Martha Mazur-Lane and Boyd Lane

Linda Risha Thompson

**Many, many thanks to all of you that did a splendid Job of set up and cleanup
for**

Rosh haShannah, Yom Kippur, Sukkot and Sinchas Torah!

**Special Thanks to Dan Hibshman, Michael Charnes, Rayna Grace, Richard
Phillips, Daphne & Naomi Philips with out you we would not have had a Sukkah.**

Counted as a Member of Jewish Community

Amy Wachspress, Yom Kippur, 2019

At Yom Kippur, I went up for an *aliyah* when Rabbi Chaya invited those who wished to stand and be counted as part of a community. I want to be counted as a member of my Jewish community. As I stood before the open Torah, two reflections came to my mind that I share with you here.

The first reflection originated in a moment experienced at Kol Nidre. That evening, about halfway through the service, a strange man entered the synagogue and took a seat at the back. There was nothing about him to cause alarm; however, we are a small and intimate congregation where I pretty much know everyone and I didn't know him. He came in late in the service and did not wear a tallit or yarmulke. A couple of years ago, I surely would not have taken any notice. However now, in the current climate of hatred and blatant anti-Semitism, my thoughts went a different way.

The Anti-Defamation League (ADL) reports that hate crimes against Jews more than doubled in 2018 from the previous year. Hate crimes in California increased by 21%. Here, in California, Nazi graffiti is not categorized as a hate crime. So spraying a swastika on a synagogue is not a hate crime, just vandalism. I find this appalling. FBI data shows that Jewish people and institutions are the most frequently targeted religious group for hate crimes nationwide, accounting for 58% of religious-based hate crime incidents. Muslims are the second most frequent target, at 18.6%. (Source: CBS News, 2018.) Anti-Semitic incidents constitute half of all hate crimes in New York City. In 2018, there were four times as many hate crimes against Jews in New York City than against African Americans (*New York Times*, 2018), even though Jews make up 13% of the population of New York and blacks make up 24%. Black Lives Matter, and my people also can't breathe.

As a product of history, with family who died in the Holocaust, and living in this historical time of continued oppression, unleashed with greater fury under this government, I looked at the stranger in my midst on Kol Nidre and instead of feeling a wave of welcome, I felt a wave of terror. What if he drew a gun and opened fire on my community? I looked around at the familiar faces of those I have known these many years, those for whom I have great affection and affinity, and imagined bullet-ridden bleeding bodies. My heart thrashed loudly in my throat. I considered where to run, where to hide, and whether I should drop to the floor and act dead. What was I thinking? Crazy. I was thinking that I and my community are in danger. We are vulnerable, hunted, viewed by many as the source of all evil as much as we were hundreds of years ago in deeply ignorant times. The myth of blood libel is alive and well.

Embraced in the sacred space of prayer, I managed to calm my mind and slow my madly beating heart. I convinced myself that the stranger was simply a fellow Jew, come to a synagogue in a town where he happened to be on Kol Nidre. The next morning, on Yom Kippur, when I stood before the open Torah to be counted as a member of my Jewish community, it occurred to me that this very act is an act of defiance. It is an act of courage, and always has been. I take a risk openly and proudly declaring myself a Jew. My ancestors took this risk. Some of them died for it. I hope I don't.

The other reflection that came to me as I stood at the open Torah on Yom Kippur brought great joy and great comfort. It was the opposite of my fear of the stranger. I reflected on the beautiful way that a Jew can enter a particular synagogue anywhere in the world and be welcomed, as I should have welcomed the strange man at Kol Nidre, and would have if I hadn't let my imagination run wild.

Amy Continues:

I remember that when my father was lecturing at a math conference in Berlin a few years ago, and it was the weekend of his father's yahrzeit, he found a shul near his hotel and walked over there for Saturday services so he could say Kaddish. The moment he came through the door, congregants warmly welcomed him. The rabbi even gave him an *aliyah*. In 1983, my parents moved to Tennessee from the town in upstate New York where they had lived for more than 30 years and raised me and my brothers. My father had taken a teaching position at the University of TN in Knoxville. They joined a synagogue immediately. After only a few short weeks in Knoxville, my mother was diagnosed with a life-threatening illness. I was expecting a baby soon, and could not go to her. The Jewish community (that my parents had only just joined) mobilized. They took terrific care of my parents through the ordeal, which my mother survived. One woman in particular ensured that my parents were looked after, with meals brought to the house and people checking in to help out. This woman became a dear and continuing friend to my mother in all the years that followed. I could give more examples of this phenomenon, and I expect you could too. *A Jew can walk into a synagogue anywhere in the world.*

Last year I met a young man named Jeremy at our shul. He came to Shabbat one evening with his girlfriend, who is not Jewish. Jeremy is a Sephardic Jew from Paris. He met his girlfriend in Taiwan when they were both enrolled in a summer language intensive program to learn Mandarin. The girlfriend is now in her senior year at the City of 10,000 Buddhas liberal arts college. My husband and I befriended these two remarkable young people and have enjoyed many an evening of dinner and conversation in their company. They house-sat for us in the spring and took excellent care of the house and our aging cats. Not long after that, they landed in a problem situation with housing and so we took them to stay with us for a little while. Then Jeremy was forced to return to France. They remain very much together as a couple, and she has been to see him in Paris, and will return for another visit in December. Jeremy and his parents will travel to Ukiah for her graduation in May, and we have offered to host a party for her at our house. Last week I had an email from Jeremy in which he said that he has told his parents all about me and my husband, and that his mother wants to meet "the Jewish mother who took such good care of another Jewish mother's Jewish son." *A Jew can walk into a synagogue anywhere in the world.*

Putting my two reflections side-by-side, I realize that I must work harder to conquer my fear so that I can openly welcome the stranger in my midst. I must not let the oppressor change my heart. *A Jew can walk into a synagogue anywhere in the world.* My people. I wish to stand up and be counted as a member of the Jewish community. Defiant. Courageous. I will not fear. I am blessed to have been born a Jew.

For Thanksgiving or Hanukkah try these latkes,

Sweet Potato-Parsnip Latkes (makes approximately 25 pancakes)

2 pounds garnet sweet potatoes(yams), rinsed and peeled

1 pound parsnips, peeled

10 shallots

6 large eggs, beaten

3/4 cup + 2 tablespoons matzoh meal

1 tablespoon kosher salt

1 teaspoon black pepper

vegetable oil for frying

1. Using the coarse side of a box grater or the medium coarse grating disc of a food processor, grate potatoes, parsnips and shallots. Toss together in a large bowl

2. Add eggs, matzoh meal, salt & pepper. Toss to mix well

3. Pour 1/4 inch of oil in a 10-12-inch frying pan (with sides at least 2 inches high) and heat over medium heat. When oil reaches 350 degrees, using 1/3 cup of mixture for each pancake, gently place into hot oil. Cook 3-4 at a time, do not crowd pancakes. Turn and cook on reverse side when edges are brown and crispy.

4. Transfer finished pancakes to paper towel to drain briefly. Keep pancakes warm in a 200-degree oven until all are ready to serve. To freeze pancakes to serve at a later date, place fried pancakes between layers of aluminum foil and freeze. Reheat in 350-degree oven on a baking sheet.

Ginger/Sour Cream Topping

In a small bowl mix together

1 cup sour cream

2 tablespoons apple cider

2 teaspoons freshly grated ginger root

Fruit Cobbler (also good for potlucks!)

Ingredients:

4 tsp baking powder

2-2 and 1/2 cups fruit

1 and 1/2 sticks of butter

2 cups flour

1 and 1/2 - 1 and 3/4 cups milk

1 and 1/2 cup sugar

1/4 teaspoon cinnamon

Barely melt butter and place in bottom of a 13x9" baking pan or a square pan.

Whisk together flour, sugar, baking powder, and cinnamon. Add milk, stir, pour over butter. Spread fruit over the top.

Bake for 55 minutes at 350 degrees.

note: if you are using non-gluten flour, add 1 1/2 cups xanthan gum



Kol HaEmek MCJC-Inland
P.O. Box 416,
Redwood Valley, CA 95470

Our purpose is to create an environment in which Jewish culture, religion and spiritual life can flourish, to perpetuate and renew our Jewish connections with ourselves and our homes, within our community and the world.

- To provide space for religious study and prayer.
- To share life cycle events through meaningful Jewish traditions
- and sponsor Jewish education for all ageTo be inclusive of all partnerships and family configurationsTo include interfaith families and Jews-by-choice
- To network with other Jewish communities
- To educate and share our culture with other Mendocino County residents
- To be a foundation for *Tikkun olam* (healing the world)
- as a community through socially just actions and and by Mitzvot)
- To offer to our membership in exchange for financial and
- other contributions and allow all to participate
- regardless of the ability to pay
- To include interfaith families and Jews-by-choice
- To network with other Jewish communities
- To educate and share our culture with other Mendocino County residents
-

Kol HaEmek Information & Resources

Board Members

Sherrie Ebyam - President	530-414-1104 < ebyam@sbcglobal.net >
David Koppel - Treasurer	485-8910 < davekoppel@yahoo.com >
Carol Rosenberg - Secretary	463-8526 < carolrosenberg@pacific.net >
Nancy Merling	456-0639 < nancymerling@att.net >
Barbara Stanger	234-3261 < arnaenterprises@gmail.com >
Sara Esserman-Melville	463-2247 < samelville@pacific.net >
Darline Bergere	462-7534 < jeeplady@pacific.net >

Brit Mila: A doctor to call for to a referral to a Mohel - Robert Gitlin D.O. (465-7406),

Chevra Kadisha (Jewish Burial)) Helen Sizemore (367-0250)

Community support: Willits, Divora Stern (459-9052), Ukiah, Margo Frank (463-1834)

Interfaith Council: Cassie Gibson (468-5351)

Rabbinical Services/Special Ceremonies are available; send your e-mail request to Sherrie Ebyam